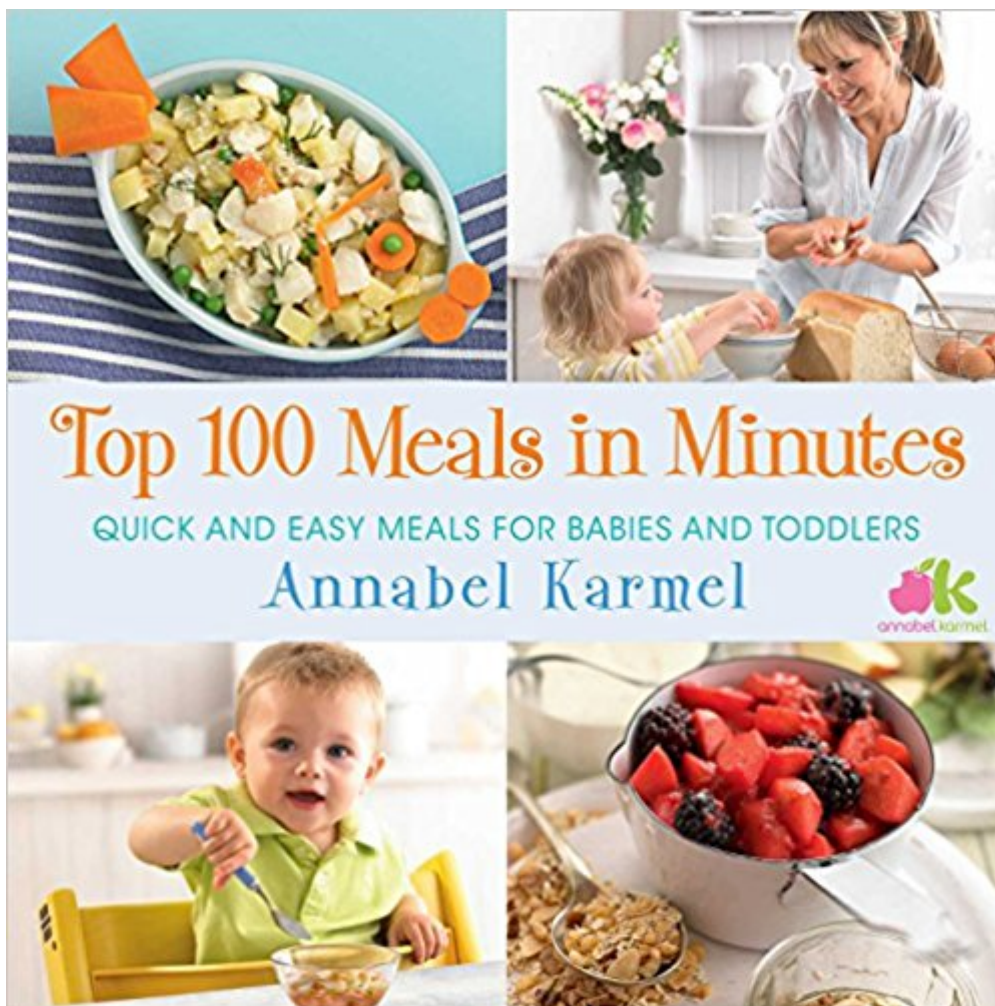


The book was found

# Top 100 Meals In Minutes: Quick And Easy Meals For Babies And Toddlers



## Synopsis

From a leading children's food expert and bestselling author of *Top 100 Baby Purees*, this ultimate time-saving, stress-free cookbook offers fabulous recipes for keeping your children healthy and happy. Meet Annabel Karmel, international bestselling author and leading authority on feeding babies and children. With over two decades of feeding experience and thirty-eight books which have sold over 4 million copies worldwide, Annabel continues to be one of the most trusted, influential, and inspiring resources for growing families. Although feeding your children separately may seem like an easy solution to keeping everyone happy, all that extra time spent in the kitchen rustling up different meals could be spent eating together at the table—discussing the day, sharing stories, and enjoying each other's company. Cooking for the whole family doesn't have to be difficult or time-consuming, and it shouldn't feel like a chore. *Top 100 Meals in Minutes* features delicious, nutritionally balanced recipes that are simple to prepare. From chicken meatballs in barbecue sauce and pasta primavera, to jambalaya and sweet potato butternut squash soup, Annabel's latest collection of easy-peasy recipes will leave everyone feeling full and satisfied.

## Book Information

Hardcover: 144 pages

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Average Customer Review: 4.1 out of 5 stars 6 customer reviews

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## Customer Reviews

• "This British chef is taking America by storm. Annabel Karmel whips healthy ingredients into clever creations children love." (Child Magazine)  
• "Any mother who does not have at least one of her books in the kitchen...should waste no time in putting that right." (The Sunday Times (UK))  
• "Deliciously quirky" | Family chefs looking for healthy new ideas to mix up the dinnertime routine will find plenty of ideas here." (Publishers Weekly)

Annabel Karmel is the mother of three children and the UK's leading expert on feeding children. She works with leading US parenting websites such as Parents.com and has appeared on many TV shows, including the > show and >. Check out her popular app, Annabel's Essential Guide to Feeding Your Baby & Toddler, and visit her website, AnnabelKarmel.com, to learn more.

Excellent ideas for quick and easy foods for baby. It's important to introduce a variety of foods and seasonings.

Had a lot of simple, great ideas to get in the rotation.

I first learned of the book after I checked one out at the public library. I knew that I wanted to own the book but didn't want to pay the high price. I knew I could find a used one on like other books I ordered before, but this 100 Meals in Minutes came to me in a cheap looking black and white format. The recipes are all the same but I feel like I was cheated.

My daughter loved the book. I gave it as a gift. Wonderful ideas.

nice and pretty picture and interesting recipes

Meals are only in minutes if you have the ingredients all together, and sometimes there are more than half a dozen. I was hoping for a book with very quick 1-2-3 type meals,

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